

*The Board of Supervisors of
Contra Costa County, California*

In the matter of:

Resolution No. 2020/43

recognizing African American Mental Health Awareness week February 16 - 22, 2020 and Miles Hall Remembrance Day February 15, 2020.

WHEREAS, the Contra Costa County Board of Supervisors declares February 16-22, 2020, as African American Mental Health Awareness Week and February 15, 2020 as Miles Hall Day of Remembrance; and

WHEREAS, in the African American community there is a need to support the recovery process of peers/clients/consumers and family members struggling with the challenges of mental health and substance use issues through the delivery of culturally responsive services; including but not limited to the incorporation of identified spiritual/faith practices and beliefs when requested: and

WHEREAS, mental health and substance use issues continue to create health challenges for African American in this County; and

WHEREAS, studies show that when the identified spiritual/faith practices of a peer/client/consumer are embraced as a part of the recovery plan, the peer/client/consumer along with the behavioral health system experience shorter recovery times, fewer relapses, and fewer hospitalizations; and

WHEREAS, Contra Costa County Behavioral Health Services, in an effort to better reflect and celebrate the diverse population of the county, has been one of the pioneering counties to heed the voice of the peer/client/consumer and family members in building collaborations with various faith based/spiritual communities to explore all resources and tools that will enhance mental health wellness in the African American Community; and

WHEREAS, NAMI Contra Costa, peers/clients/consumers, family members, providers, spiritual leaders, and Friends of Scott, Alexis and Taun Hall (FOSATH) are working hard to support and assist families by educating communities about mental illness, treatment options, and how to implement best practices for law enforcement when they come in contact with someone suffering from a mental illness, and all other interested stakeholders can participate in the February 22nd Mental Health Awareness Black History Event at Solomon Temple Church and other efforts to replace misinformation about mental health, erase prejudice, fear and blame thereby reducing stigma and disparities to unserved, underserved and inappropriately served communities by helping restore mental health wellness in Contra Costa County.

NOW THEREFORE BE IT RESOLVED: The Board of Supervisors, County of Contra Costa, State of California proclaims February 16-22, 2020 as African American Mental Health Awareness Week and February 15, 2020 as Miles Hall Day of Remembrance and encourages everyone to participate in this important cause.

CANDACE ANDERSEN
Chair, District II Supervisor

JOHN GIOIA
Chair, District I Supervisor

DIANE BURGIS
District III Supervisor

KAREN MITCHOFF
District IV Supervisor

FEDERAL D. GLOVER
District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: February 11, 2020

David J. Twa,

By: _____, Deputy