



# PROCLAMATION

- WHEREAS,** it is important to emphasize that mental health is essential for the wellbeing and vitality of our families, businesses and community; and
- WHEREAS,** effective treatment and often recovery are possible through appropriate medical, social and culturally responsive support and services, and the community shares the responsibility to ensure those services are available to all residents; and
- WHEREAS,** the current climate of isolation and uncertainty caused by COVID-19 and the shelter at home Health Orders have prompted increased calls for help to the Contra Costa Crisis Center and other mental health resource providers; and
- WHEREAS,** individuals and families living with mental health concerns share with all community members a right to fair and equitable treatment options, with access to necessary resources; and
- WHEREAS,** all stakeholders and community members can participate in efforts to effectively address and support the delivery of culturally responsive services and supports, thereby promoting resiliency and recovery and reducing hospitalizations and relapses; and
- WHEREAS,** there is a commitment and a need to increase awareness at all levels and educate the public, replace misinformation and eliminate stigma concerning mental health and promote understanding that people living with mental health challenges can lead productive lives; and
- WHEREAS,** the community organizations can effectively and creatively launch efforts to raise awareness and prompt discussion about mental health issues in a variety of ways; and
- WHEREAS,** the City Council supports and recognizes the importance of raising the awareness of mental health needs, resources and services.
- NOW, THEREFORE,** I, Loella Haskew, Mayor of the City of Walnut Creek, on behalf of the City Council do hereby proclaim the month of May 2020 as

## NATIONAL MENTAL HEALTH AWARENESS MONTH

in the City of Walnut Creek and encourage all citizens and civic organizations to promote mental wellness, and support efforts to raise community awareness.

**Loella Haskew**  
Mayor